



Walking in Massachusetts

Pleasant Valley Wildlife Sanctuary, Lenox

Special tips for this location: Mass Audubon members are free, non-members are \$5.00/adult and \$3.00/children and seniors. Check out the many beautiful waterfalls, or for more of a challenge-hike to the summit of Lenox Mountain by Trail of the Ledges. (Suggested to only hike up not down due to the slopes and possible slippery conditions.) To get down use Overbrook Trail.

Parking is available at 472 West Mountain Road Lenox, MA. Trails can be made easy to strenuous based on what trail you take. Wear your hiking boots, bring water and fuel, and always carry a map with you! Get helpful advice by a Mass Audubon employee at the Nature Center & Barn Tuesday-Sunday, 10:00 am-4:00 pm. Closed Monday.

Please leave your pets at home for this walk.

[Click](#) for more information on Pleasant Valley Wildlife Sanctuary. If you would like a trail map, [click here](#).

“It is not the mountain we conquer but ourselves.” – Sir Edmund Hillary